

LOISIRS
♥ CÔTE
D'AZUR



THERMES OF BERTHEMONT

ROQUEBILLIERE



The spa from Roquebilliere

The Roquebillière spa is a 4,500m² complex dedicated to health and well-being. The thermal baths of Berthemont-les-bains are an ideal destination for those looking to relax and take care of their shape. Located at an altitude of 960 meters, you will take advantage of the mountainous climate to appreciate the well-being that this place gives you.



THERMES OF BERTHEMONT



This spa resort is conducive to calm and relaxation. This is the ideal place if you are looking for a real letting go. You will meet a warm staff who will make your day a real moment of relaxation, all in an idyllic setting, in the heart of nature.

LEISURE RIVIERA





Care area aqua-relaxation

The thermal spa offers a universe dedicated to your well-being for absolute letting go. Enjoy their aqua-relaxation area, accessible without reservation, including thermal pool, hammam, sauna, panoramic terrace with jacuzzi and outdoor solarium, group sports, relaxation and aquagym lessons. The thermal baths offer treatments based on mud or thermal steam, body and face massages.



Stopover formula half day

Take advantage of the benefits of thermal water for half a day thanks to the different formulas, including a hydro massage bath treatment, a jet shower, or a massage under thermal rain...

Experienced caregivers welcome you and follow you throughout. throughout your care.



The virtues of Berthemont waters

The sulphurous, sodic, lukewarm, siliceous, radioactive thermal water comes out naturally at a temperature of 29°C from the crystalline rocks of the Mercantour. This thermal water is also rich in trace elements, which give it very complete therapeutic virtues.





Activities around thermal baths

Culture and heritage, you can visit: Cougourdons Museum, 10th century Saint-Michel-de-Gast church, Saint-Antoine altarpiece, chapels, oratories, Maginot line fort, flour mill, historic district... sport, you can do a multitude of activities such as: mountain biking, climbing, canyoning, rafting, biological swimming plan, fishing,...



Schedule

The THERMAL SPA is open:

- From April 1 to October 29.

The restaurant “Le Panorama” is open:

- From April 1 to October 29.
- Monday to Sunday from 12pm to 7pm.

“Le Panorama” introduces you to Mediterranean cuisine, and offers you an exceptional view of the Vésubie valley.



Prices

Access to the Aqua-relaxation area:

- From Monday to Friday :22 euros.
- Weekends, public holidays and school holidays: 25 euros.

SPA treatments from 40 euros.





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Useful information

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